

TOP 10 BENEFITS WITH SPEECH THERAPY FOR AUTISM TREATMENT



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INTRODUCTION

Autism is a condition linked to neurological and developmental disabilities observed in early childhood. This neurological disorder impairs the cognitive, social, emotional and communication ability of the affected individual. Speech therapy can play a pivotal role in overcoming the challenges of communication disabilities among Autistic children.

Autism is also known as “Autism Spectrum Disorder” owing to the wide range of disorder and severity. Some of the common symptoms of Autism are as follows:

- Repetitive use of words or phrases and actions
- Retreats to his/her own mental space
- Inability to interpret non-verbal cues
- An inappropriate approach towards social interaction

The **symptoms of Autism** mainly orbit around the challenges of the individual to communicate thereby resulting in social interaction difficulties. In these cases, Speech therapy serves as a crucial tool in the treatment of Autistic children.



**IDEAL TIME TO ENGAGE IN
SPEECH THERAPY**

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Signs of a language delay in children are observed as early as 18 months. Accounting the symptoms of Autism and further evaluation by the doctor, the children may be indulged in Speech-language therapy as a form of treatment.

Identification at an early stage and intervention through Speech-language therapy has resulted in a promising development among autistic children. Studies have proven improved cognitive, communicative and social interaction abilities through Speech therapy.



**SPEECH THERAPY AS TREATMENT
FOR AUTISM IN BANGALORE**

SPEECH THERAPY AS TREATMENT FOR AUTISM IN BANGALORE

The main impaired area among Autistic individuals is communication which leads to a disrupted social interaction. Speech therapy treats these difficulties and eases the symptoms of Autism. Speech therapy is offered by the Speech therapists, also known as speech pathologists. Speech therapists in Bangalore are equipped to assess language, speech, and cognitive skills, thereby enabling them to best treat the disability.

Speech therapy could be approached as one-on-one, in small groups or classrooms. Speech therapists in Bangalore use several techniques of treatment to aid individuals. Some of the frequently adopted techniques are:

1. Articulation Therapy
2. Oral Exercise Therapy
3. Speech Intervention



SPEECH THERAPY FOR AUTISM

1. ARTICULATION THERAPY

This therapy is modeled to aim the correct production of specific speech sounds or patterns of speech sounds, ideally during play activities. It mainly focuses on the generation of motor-related to linguistic aspects.

2. ORAL EXERCISE THERAPY

Therapists use this therapy to strengthen the jaws and mouth muscles through facial massage. In another approach to this therapy, different food textures and temperatures are introduced to initiate appropriate reflexes while eating and swallowing.

3. SPEECH INTERVENTION

Autistic children often struggle with stuttering. Repetitions, interjections, and prolongations are some of the characteristics of stuttering. Speech therapists engage in constant talks with the child during play activities and stimulate communication. This controls stuttering and initiates speech fluency.

BENEFITS OF SPEECH THERAPY FOR AUTISM



THE BENEFITS OF SPEECH THERAPY FOR AUTISM

Speech therapy may not appear as the form of treatment for a neurological and developmental disorder such as Autism. But, speech therapy has proven to be highly beneficial in treating the array of the impairments associated with Autism.

On undergoing **speech therapy**, the Autistic child will be able to:

- Overcome cognitive and development delay
- Grasp speech patterns and sounds
- Voluntarily initiate conversations
- Building a relationship and integrate better with society
- Identify an appropriate topic of conversation with family and stranger
- Improved pronunciation and enunciation

- Control motor functioning such as swallowing and eating
- Perceive social interactions
- Lead a quality life

Each autistic individual has unique characteristics. Speech therapists customize and model their treatments on understanding the obstacle of each individual.



CAPAAR

GET UP! GET HERE! GET WELL!

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CONCLUSION



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