

IS IT AUTISM OR ADHD?



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WHAT LEADS TO AUTISM?

ADHD (Attention deficit hyperactivity disorder)

and Autism are much similar to each other.

Children with either Autism or ADHD can have a focusing problem. They might be impulsive or have a hard time communicating. Children with these disorders might have problem in their schooling and even in the relationship too.

Even though they share many such symptoms, the two are different cases. Autism disorders are series related to developmental disorders that can affect language skills, behavior, interactions with society, and also affects the ability to learn. ADHD impact may be on brain growth and development of sometimes both.

The correct diagnosis helps children to get the right treatment so that they don't miss out any important development and learning. Children with these conditions can have a successful, happy lives.



HOW ARE THEY DIFFERENT?

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Keep noticing how your child pays attention. Children with autism have difficulty to focus on things which they don't like, such as reading a book or solving a puzzle and also they may stick on only on the things that they like, such as playing with a particular toy. **Children with ADHD** lose initial interest, and they dislike and avoid things on which they have to concentrate.

You should also know how your child is learning to communicate. Kids with either of the disorders struggle to interact with others, those with autism tend to be self-centered. They feel difficulty in putting words to their thoughts and feelings, and they may not be able to point to an object to give meaning to their speech, and they even find hard to make eye contact.

HOW ARE THEY DIFFERENT?

Whereas a child with ADHD may talk nonstop. They're more likely to interrupt when someone else is speaking, try to monopolize a conversation and also consider the subject. Some kids with autism can talk for hours together about a topic in which they are interested in.

An autistic child loves to order and repeat the same thing, but one with ADHD doesn't even mind about anything even if it helps them. Children with autism usually prefer the same kind of food at their favorite restaurant, become very much attached to one toy or one dress. They'll become upset when their routine changes. A child with ADHD doesn't like doing the same thing again and again or even for long times.

DIAGNOSIS



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If you notice that your child has either ADHD or autism, **Consult a doctor immediately** and ask him what tests have to be done to confirm it. There is no particular thing that can say whether a child has either of the conditions or both. You can start with your pediatrician, who might refer you to a specialist. Generally, to treat ADHD, doctors look at the pattern of the child's behaviors over time like being distracted or forgetful, not following through, having trouble, and fidgeting or squirming.

They ask the child's parents about the behavior of the kid and take feedback from them, teachers, and other adults who take care of the child. The doctor will also try to figure out the other possible causes for these symptoms. Whereas autism diagnosis starts with a parent answers about the child's behavior, that started when they were very young. Further tests and treatment can be done after surveys, and checklists, as well as interviews and observed activities.

TREATMENTS



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It might be even hard for doctors to tell the conditions, but it's important to figure it out properly and give the right treatment to the child.

There's no one particular way to deal with ADHD. Among Younger kids treatment is started with behavior therapy, and the doctor might put them on medication only if required. whereas Older kids will usually get both behavior therapy and medication. **ADHD symptoms** and their treatment may differ over time.

Different kinds of therapy such as behavior, speech, sensory integration, and occupational, which can help kids with autism communicate and get along better. Although medicine cannot help to cure autism, it makes easier to deal with symptoms like difficulty focusing or high energy.



CAPAAR

GET UP! GET HERE! GET WELL!

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CONCLUSION



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