

# 10 REASONS FOR ADHD CAUSES

A COMPREHENSIVE GUIDE - ADHD



**Dr .P. SUMITHA HEMAVATHY (PT)**  
**Medical Director - CAPAAR**

Attention deficit hyperactivity disorder (ADHD) Symptom may affect a children's ability to learn. Most of the people think that ADHD may cause due to lack of discipline or a family life.



## 10 REASONS FOR ADHD CAUSES

In fact, here are some environmental factors that play a vital role that causes **ADHD Symptoms**:

# 1. GENETICS

ADHD symptoms tend to run in families.

Studies show that one in four kids with a diagnosing of ADHD will have a close family member with ADHD.



**GENETICS**

## 2. LEAD EXPOSURE

Studies have shown a relationship between lead exposure and Attention deficit hyperactivity disorder (ADHD) symptoms in youngsters. By old plumbing fixtures lead may enter a child's drinking water.



**LEAD EXPOSURE**

Youngsters may additionally be exposed from lead paint. "These exposures may extend to increase the risk of ADHD".

### 3. CIGARETTES AND ALCOHOL

Two toxins that are shown to extend the chance of attention deficit hyperactivity disorder (ADHD) in kids are cigarette smoke and alcohol.



CIGARETTES  
AND  
ALCOHOL

During Pregnancy, these smoking and drinking may associate with serious health risk for both mother and fetus. Not surprisingly, several studies have specifically connected these substances to an increased **risk of getting a baby with ADHD.**

## 4. MEDICATIONS TAKEN DURING PREGNANCY

When a study done by our doctors they found that children of women who were treated with a medication called labetalol (Normodyne, Trandate) for high blood pressure during pregnancy had a significantly higher risk of ADHD.



**MEDICATIONS TAKEN  
DURING PREGNANCY**

It means that some medications given to a mother may interface with fetal oxygen.

## 5. FLUORIDE

Our new research found that states with a higher portion of artificially fluoridated water had a higher prevalence of ADHD. This study has examined the relationship between exposure to fluoridated water and Attention-Deficit Hyperactivity Disorder (ADHD) prevalence among children and adolescents.



Due to exposure of fluoride in drinking water the findings are at high risk for ecological fallacy from different years.

## 6. SUGAR AND SUGAR SUBSTITUTES

The **possibility of ADHD** may cause by both refined sugar and sugar substitutes. Most of the studies show that neither sugar nor sugar substitutes have an effect on children's behavior or their mentality.



**SUGAR AND SUGAR  
SUBSTITUTE**

According to NIMH, after more research they recommended that sugar is not linked to ADHD symptoms than there is research to support an association between the two.

## 7. CELIAC DISEASE AND FOOD ALLERGIES

Some research says that intolerance or food allergies like within the intolerance to protein gluten seen in celiac disease, could be a ADHD symptoms.



**CELIAC DISEASE  
AND FOOD  
ALLERGIES**

By this research we came to know that a small percentage of children may get some relief from ADHD symptoms with diet restrictions. “Food nutritional and allergies may play a vital role”.

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## 9. PESTICIDES

With recent studies we knew that pesticide chemical exposure may increase the risk of ADHD in children. Our doctor says that commonly in household pesticide with **attention deficit hyperactivity disorder** in children and young teens.



**PESTICIDES**

The researchers found that children who had high levels of pesticide in their urine had almost doubled the risk of ADHD as children who had undetectable levels.

## 10. COMPLICATIONS DURING PREGNANCY

Many research shows that ADHD leads to a difficult pregnancy. These complications may affect the fetal development in the womb and also the baby's brain during delivery.



### COMPLICATIONS DURING PREGNANCY

These complications can be identified include high blood pressure during pregnancy, bleeding before the birth of the baby, babies who remain in the womb beyond their due date, long delivery time, and anything that impacts the baby's oxygen supply during birth.

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